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Hours: Tuesday - Friday 9am to 5pm

Saturday: 9am to 2pm

** Indicates SOY FREE
 Indicates lower Glycaemic Index

Subject to Change Without Notice

BREADMIX AND FLOUR PRICE LIST FEBRUARY 2022

PRODUCT	DESCRIPTION	2kg	5kg	10kg
WHITES		4 loaves	10 loaves	20 loaves
CRUSTY WHITE **	A crisp golden crust ideal for crusty loaves, French sticks & crusty rolls	\$ 9.50	\$ 20.90	\$ 35.50
SUPERSOFT WHITE	A medium crust, soft sandwich style white bread with excellent taste.	\$ 9.50	\$ 20.90	\$ 35.50
HI FIBRE WHITE	A soft white sandwich bread with high fibre and lower Glycaemic index	\$ 9.90	\$ 21.90	N/A
OAT BRAN **	A crisp crusted white bread, high in fibre and flavour, assists in cholesterol control. Good for Diabetes.	\$ 9.90	\$ 21.90	N/A
ITALIAN COUNTRY OVEN **	The true deep crusted full flavoured Italian Pasta Dura style bread. Ideal for bread machines or oven baking.	\$ 9.90	\$ 21.90	N/A
SOUTHERN CROSS SOURDOUGH **	A delightful light sourdough bread.	\$ 10.50	\$ 23.90	N/A
PIZZA & FOCACIA**	Ideal crusty base for pizza and foccacia. Crusty finish and resistant to topping ingredient soak.	\$ 9.50	\$ 20.90	N/A
WHOLEMEALS				
LIGHT WHOLEMEAL **	A blend of Premium White and Wholemeal flours for a lighter loaf with higher fibre and volume.	\$ 9.90	\$ 21.90	\$ 37.50
FARMHOUSE WHEATBRAN		\$ 9.90		
LUPIN LOAF	The "weight manager" wholemeal/lupin low carbs, high fibre, low GI.	\$ 11.50	\$ 25.90	
RUSTIC WHOLEMEAL**	A darker wholemeal with malted wheat overtones.	\$ 9.90	\$ 21.90	N/A
MULTIGRAINS				
CRUSTY MULTIGRAIN	A light crisp crusted loaf, with tasty & healthy variety of cereal grains.	\$ 9.90	\$ 21.90	\$ 37.50
GERMAN GRAIN	A dark, full flavoured loaf with delicious grain with kibbled rye.	\$ 9.90	\$ 21.90	N/A
FOUR SEED **	A unique flavoured dark bread linseed, sunflower, sesame & poppy seeds.	\$ 9.90	\$ 21.90	N/A
PURPLE HARVEST	Wholemeal and white flour with purple wheat grain and sunflower seeds	\$ 9.90	\$ 21.90	N/A
SOY & LINSEED	A great tasting loaf, high in dietary fibre with health benefits.	\$ 9.90	\$ 21.90	N/A
RYE BREADS				
BAVARIAN RYE **	A medium dark rye with excellent eating characteristics.	\$ 9.90	\$ 21.90	\$ 37.50
PUMPERNICKEL **	A dark rye, dense crumb, the wholesome flavour of rye.	\$ 9.90	\$ 21.90	N/A
SOURDOUGH RYE **	A classic European style sourdough bread.	\$ 10.50	\$ 23.90	N/A
GOURMET BREADS				
		2kg	5kg	10kg
GOLDEN PUMPKIN**	A well balanced blend of pumpkin, pepitas & herbs for excellent flavour	\$ 10.50	N/A	N/A
ITALIAN COUNTRY HERB**	A traditional crusty bread with the full flavour of italian herbs	\$ 10.50	N/A	N/A
CHEESE & ONION**	Parmesan cheese and onion flakes. Bold flavour	\$ 10.50	N/A	N/A
POTATO & CHIVE**	Soft white bread with the flavour of potato enhanced with chive	\$ 10.50	N/A	N/A
TUSCANY**	A delicious blend of sun dried tomatoes, herbs and spices	\$ 10.50	N/A	N/A
FRENCH GARLIC**	For garlic lovers of all ages	\$ 10.50	N/A	N/A
COOTAMUNDRA		\$ 11.50	N/A	
SWEET BREADS				
SWEET BUN	Basic sweet breadmix for raisin bread and fruit buns	\$ 9.90	\$ 21.90	N/A
WHOLEMEAL FRUIT**	100% wholemeal with fruit and spice	\$ 11.50	N/A	N/A
OLD ENGLISH MALT**	The richness of traditional English malt, dark in colour light texture	\$ 10.50	N/A	N/A
HOT CROSS BUN**	The taste of hot cross buns in a raisin bread	\$ 9.90	N/A	N/A
CRANBERRY**	A mix of cranberry, sunflower and cinnamon	\$ 11.50	N/A	N/A
BREAKFAST BOUNTY**	The ideal low GI starter for the day, buttered and toasted	\$ 11.50	N/A	
FRUITS AND SPICES				
MIXED SPICE AND CINNAMON	Add to dough for hot cross buns	100g	\$ 3.50	
LIQUID BUN SPICE	Used in hot cross buns and fruit cakes	50ml	\$ 7.90	
MIXED FRUIT	With or without peel - add to fruit loaves and buns	600g	\$ 6.90	P \$6.90
FRUIT MEDLEY	Orchard fruits	600g	\$ 7.50	

FLOURS

PREMIUM WHITE	A Strong white bread making flour 12% protein.	\$ 7.50	\$ 16.90	\$ 31.90
WHOLEMEAL 100%	High protein wholemeal bread flour.	\$ 7.50	\$ 16.90	\$ 31.90
RYE FLOUR 100%	Pure rye fine flour. Germany	\$ 8.90	\$ 19.90	N/A
RYE MEAL 100%	Coarse rye flour, adds texture to breads. Germany	\$ 8.90	N/A	N/A
SPELT FLOUR	Product of Germany Ideal alternative to standard wheat flour. Excellent	\$ 14.50	\$34.90	White Only \$63.90 N/A
White	taste,texture, crust & crumb. Suitable for many people with wheat			
Wholemeal	intolerance. Ideal for use with yeast substitutes/sourdough			
KHORASAN FLOUR	An ancient & gentle grain with a rich buttery flavour. Organic Canada	\$ 15.50	\$ 36.90	N/A
DURUM SEMOLINA	Fine Durum Semolina suitable for pasta, pizza and dusting. 1Kg	\$ 7.20	N/A	N/A
SELF RAISING FLOUR	A fine flour with added raising agents suitable for cakes.	\$ 7.50		N/A
PASTRY FLOUR	10% protein All purpose flour suitable for pastries & general cooking	\$ 7.50		N/A
SPONGE FLOUR	A very light fine flour most suitable for sponges	\$ 8.50	N/A	N/A
ORGANIC FLOUR	Certified Organic. Australia	\$ 10.90	\$ 24.50	White Only \$42.90
White & wholemeal	High protein. Suitable for loaves, rolls & other baked products.			
FRENCH BAGUETTE T65	Product of France. Traditional flour for baguettes and French breads	\$ 10.50	\$ 23.50	N/A
FRENCH PATISSERIE T45	Product of France. Especially suited for brioche and croissants	\$ 11.50	N/A	N/A
00 FLOUR TIPO	Suitable for pizza and pasta	\$ 7.90	N/A	N/A
COARSE WHOLEMEAL	Coarser wholemeal ideal for Irish Breads	\$ 8.90		
CAKERY PRODUCTS				
AMERICAN BROWNIE	Easy lunch box and picnic slice	750G	\$ 7.90	
BAKERS ICING	The real icing for all iced sweet buns and loaves	500g	\$ 6.50	
BANANA CAKE	Add mashed banana for a great tasting and very easy banana bread	500g	\$ 7.20	
BUTTERMILK PANCAKE	Quick way to get a batch going for breakfast	500g	\$ 5.90	
CARROT CAKE	Add your own grated carrot. Also use as a base for zucchini cake	500g	\$ 5.50	
CHOCOLATE MOUSSE	The easiest and tastiest chocolate mousse on the planet	250g	\$ 9.50	
CHRISTMAS CAKE	Includes fruit and cake mix. Just add eggs and water	1.5kg	\$ 25.90	
DONUT JAM	Bakers jam for donuts, sponge fillings, lamingtons, jam tarts	500g	\$ 6.90	
DONUT MIX	Quick and easy yeasted donuts	1KG	\$ 5.90	
EASY MUFFIN	No need for a stand mixer. Use a bowl and spoon	1KG	\$ 9.50	
EASY SCONE	Add water and mix. Add fruit, pumpkin, cheese. Very versatile	500g	\$ 8.50	
EASY SPONGE VANILLA	Add eggs and whip up in no time for a double sponge	500g	\$ 5.90	
EASY TIRAMISU	Whip up the cream cheese filling with this quick and tasty filling	500g	\$ 16.90	
TEMPURA BATTER	Crisp batter for tempura vegetables and battered fish	500g	\$ 6.90	
RED VELVET CAKE	Hard to resist, rich chocolatey red velvet cake Top with our GF buttercream	500G	\$ 8.50	
STRAWBERRY MOUSSE	For the mousse lovers who don't like chocolate. Yummy	500G	\$ 9.90	
SHORTBREAD	This is the easiest Christmas shortbread you will ever make	500G	\$ 7.50	
CONTINENTAL CUSTARD	No cooking required just mix with chilled water. For pastries, breads, cakes			
SEEDS GRAINS AND ADDITIVES				
7 GRAIN MIX	7 grains and seeds to add to bread mix or flour for a multigrain loaf	1kg	\$ 8.90	
SEED BLEND	Gluten Free-Poppy, linseed, sunflower, sesame, pepitas	500g	\$ 6.90	
PURPLE WHEAT	Crushed purple wheat with anti-inflammatory and anti-oxidant properties	500g	\$ 6.50	
KIBBLED RYE	Gives texture and fibre to loaves	500g	\$ 4.50	
ASSORTED SEEDS	Poppy, Linseed, Sunflower - add to loaves or sprinkle on top	300g	\$3.90-\$5.50	
PEPITAS	High in protein, good to munch on, great in bread	300g	\$ 5.90	
POTATO FLAKES	Potato bread keeps moist. Use to make a quick mash	400g	\$ 5.90	
NIGELLA SEEDS	Used traditionally on Indian and Turkish breads	75g	\$ 4.50	
FLAVOUR TUBS	Tomato & onion, herb and garlic, pumpkin and herb	100g-300g	\$3.90-\$5.50	
WONDERFRESH	Helps to keep bread fresher for longer		\$ 5.50	
HI MAIZE™	Digestive resistant starch. Add to breads to increase fibre, lower GI 1kg		\$13.50	
YEAST AND IMPROVER				
SAF INSTANT 150g tub	Instant pure dry yeast for use with all breads.	\$ 4.50		
SAF INSTANT 500g	Vacuum packed instant dry yeast	\$ 8.90		
SAF SACHETS 6g	Pack of 20 sachets vacuum sealed for long life.	\$ 6.50		
SAF INSTANT 125g	Vacuum packed instant dry yeast refill for tub, long life	\$ 3.90		
ANTI-CANDIDA YEAST	Designed for people with yeast intolerance. Allergy tested. 120g	\$ 7.90	400g	\$ 23.90
NATURAL IMPROVER	Used with bread flour not needed with breadmix 120g	\$ 4.50	300g	\$ 9.90